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On EMOTIONAL AFFAIR - Signs This
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from a team of award-winning couple
therapists.

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Whether you want to end the relationship or piece things back together, Getting Past the Affair guides you through the initial trauma so.

Discovering that a partner has been unfaithful hits you like an earthquake. Long after the first jolt, emotional aftershocks can make it difficult to be

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help for your family, manage your daily life, and think clearly about your options.

By Douglas K Snyder

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□Getting Past the Affair□ deals with the immediate trauma of an affair,

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examine factors that made the
relationship vulnerable to an affair and
guides the partners in making
decisions about the future. Anecdotes
about a variety of couples add to the
factual information and sage advice;
the exercises are clear and realistic.

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Getting Past the Affair: A Program to
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Infidelity is one of the most challenging presenting problems for even the most seasoned clinician. This treatment guide stands alone or can be used in conjunction with the authors' excellent self-help book for couples, *Getting Past the Affair*. Integrating cognitive-behavioral, systems, and insight-

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oriented theoretical models, the approach is highly relevant for a wide range of therapists.

~~Helping Couples Get Past the Affair: A
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On--Together or Apart By Douglas K.
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Kristina Coop Gordon. Copyright ©

2007 Introduction Susan sat

motionless in front of the computer.

She didn't know how long she'd been
there and just stared at the screen in
disbelief. []

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Getting Past the Affair helps them

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overcome the initial shock, understand what happened and why, and think clearly about their best interests before they act. Based on the combined insight of leading marital therapists and researchers, this unique program encourages couples and individuals to take things one step at a time, whether

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With every crisis there is an opportunity, says Kristina Coop Gordon, co-author of Getting Past the Affair. What Greg and Carrie have

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described is not just luck on their part

as a couple. It is not uncommon for

couples who have experienced

infidelity to believe that their marriage

is over.

~~Getting Past the Affair - First Things~~

~~First~~

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1 /2 16 Reasons why you can't get
over your partner's affair 16 reasons
why you can't get over your partner's
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Coop Gordon

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England set out to score the points
that would effectively seal the
Guinness Six Nations title by making it
almost impossible for either France or
Ireland, playing later in Paris, to catch

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